

Mutual Benefits

A loyalty programme designed to return value back to our members



**BRITISH
FRIENDLY**

It feels good to be covered

What is Mutual Benefits?

Mutual Benefits is an annual programme designed to return value back to you and bring your membership to life whether you claim or not by giving you access to great savings on your high street shopping, prize draws, healthcare and legal services and bespoke offers from our partners at no extra cost!

Most insurance policies only come to life when something bad happens - with Income Protection this means when you are sick or injured and cannot work. But with Mutual Benefits, you'll receive a range of additional benefits that you can access anytime. **Sign up to access your Mutual Benefits today at members.britishfriendly.com!**

Types of benefits include...



Mutual Rewards

Helping you save money on day to day spending and rewarding you for being a member.



Mutual Support

Supporting you on your road to recovery or when you face life-altering health events.



Mutual Wellbeing

Helping you stay on track with your health and wellbeing through wellness tools, tips and services.



Mutual Partners

Bespoke offers from selected partners exclusively for British Friendly members.

Mutual Rewards



High Street Discounts

We think it's important to reward you in ways that can help you day to day. That's why we give you access to discounted gift cards and e-vouchers, provided by our Mutual Rewards partner SVM, so you can enjoy savings of up to £250 per year on your high street shopping.



Prize Draws

Our quarterly prize draws are one of the ways we're saying thank you for being a British Friendly member. All members signed up for Mutual Benefits will be automatically entered into our prize draw, giving you the chance to win great prizes worth £1,000!

“ As our family shop in various supermarkets we benefit from the extra discount from the programme ”

Helen Clark,
British Friendly Member

Mutual Support



Additional Healthcare Services provided by Square Health

As a British Friendly member, you will receive **150 Health Support Points (HSP)** to use on Health MOTs, a 2nd Opinion Service, Virtual GP consultations, Physiotherapy and Counselling **until 13th February 2020**. If you've used up all your Health Support Points you can access further services for an additional fee.

Virtual GP Consultation

This service costs 25 Health Support Points out of your annual 150 HSP allocation.

Physiotherapy

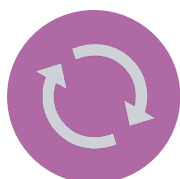
This service costs 33 Health Support Points out of your annual 150 HSP allocation.

Counselling

This service costs 33 Health Support Points out of your annual 150 HSP allocation.

2nd Opinion Service

This service costs 100 Health Support Points out of your annual 150 HSP allocation.



Support Hub

Our Support Hub offers links to charity helplines and useful resources to help you deal with life-altering events.

“I attended a physiotherapist who not only relieved my aching back but gave me good advice. Planning and arranging my visit was simple and reasonably quick.”

Lewis

British Friendly member

Mutual Wellbeing

Health MOTs



Health MOTs help you make short or long-term improvements to your health so you can have peace of mind and continue to live life to the full. We're giving members access to a comprehensive medical screening at no extra cost through our partner, Square Health. This service costs 100 Health Support Points out of your 150 Health Support Point allocation.

Lifeworks Wellbeing App



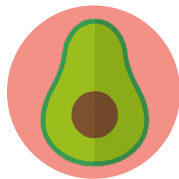
Are you looking to save money and improve your personal wellbeing? This easy to use app provides over 1,000 exclusive instore and online retail discounts alongside tailored wellbeing tips and articles to help keep you happy and healthy.

Fitbit Discounts



We're helping you kickstart your wellbeing journey with up to 35% off a range of Fitbit devices from activity trackers to smart scales.

Wellbeing Hub



Our Wellbeing Hub offers helpful links and tips to help you live a healthier more balanced lifestyle.

“ I had the Health MOT and it was very professionally carried out. The report I received was comprehensive and useful and gave me peace of mind. ”

Graham
British Friendly Member

Mutual Partners



Powers of Attorney and Will Writing Service

You can create multiple Powers of Attorney and Wills online for you and your immediate family at no extra cost through our Mutual Partner, Legal for Life.



Hotel Discounts

We've teamed up with Hotelogical, who provide exclusive offers on over 400,000 hotels and resorts worldwide. With this benefit you can access savings of up to 75%, helping you save money on your hard-earned holidays.



Travel Insurance

If you have a pre-existing medical condition, finding affordable travel insurance can be a struggle. We've partnered with Staysure, a leading provider of travel insurance who also specialise in pre-existing medical conditions to give 20% off* Staysure Travel Insurance .



Car and Van Leasing

Interested in getting a new car or van? Through Mutual Benefits you can access exclusive offers on vehicle leasing through our partnership with Tilsun Group*.

“ The will writing service was free, convenient and easy to use ”

G Thomas

British Friendly member

*Terms and conditions apply

Don't forget to sign up...

1 Am I eligible to sign up?

Mutual Benefits is available to all members who are 18 or older, UK residents and up-to-date on premium payments.

2 Does it cost me anything to sign up?

Not at all! It's free to sign up for Mutual Benefits.

3 How do I sign up?

- Simply visit Mutual Benefits at <https://members.britishfriendly.com/sign-up/>
- Enter your e-mail address, date of birth and policy number
- Create a password and click 'sign up'

What if I don't have an e-mail address or access to the internet?

4

Don't worry, you'll still have access to Mutual Benefits. Simply call us on **01234 358 344 option 4** and we'll help you sign up!



Additional information

Mutual Benefits is a discretionary programme of benefits which means it can be withdrawn by the Society at any time. This year's programme of benefits runs from the 14th February 2019 until the 13th February 2020.

British Friendly Society Limited

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