

## Hazardous Pursuits

External

---

You will be **unable to make a claim** for any injury sustained whilst participating in any of the below activities. This exclusion applies throughout the term of the policy.

- Adventure Racing – multiday, expedition events
- Ballooning – more than 50 flight hours per year
- Base jumping
- Boxing – amateur/contact
- Bungee Jumping – more than 5 jumps in total during the term of your policy
- Cycling – amateur participation in competitions
- Diving – sub aqua diving at depths below 40 metres, plus any high diving activities
- Equestrian Sports – flat racing, steeplechase, national hunt racing, harness racing, carriage driving, hunting, polo, point to point, rodeo, show-jumping, 3-day eventing
- Gliding – non-powered
- Hang Gliding – powered and non-powered
- Hunting – big game, regular/trophy
- Martial Arts – apart from aikido, hapkido & judo
- Micro Lighting
- Motor Car Sports
- Motor Cycle Sports
- Mountaineering/Climbing – apart from trekking, bouldering, hillwalking, artificial climbing wall and coastering
- Parachuting – more than 10 jumps a year
- Paragliding/Parascending – record attempts, test flying, competition flying
- Paragliding/Parascending – more than 100 flying hours per year
- Potholing & Caving
- Powerboat Racing
- Private Aviation – competition, test or experimental flying, stunt flying/aeronautics/aerobatics/air racing/air rallying
- Quad Biking
- Sailing/Yachting – racing or ocean sailing
- War Gaming
- Water Sports – white water rafting, more active participation, competitions, instructor level
- Winter Sports – bobsleigh, heli-skiing, ice boating, ice hockey, luge tobogganing, ski bob, off piste skiing, off piste snowboarding, ski jumping, participation in snowmobiling competitions – competitive racing (i.e., snow cross)
- Weightlifting/Body Building – competitive, amateur
- Wrestling – amateur
- Zorbing – Instructor Level, more than 10 times per year

**List current as at January 2021.**

**The Society reserves the right to amend or add to this list at any time.**

**The above hazardous pursuits are discretionary and will depend on the cover selected.**